

If you are not getting the TQG Newsletter email and have checked your spam or junk mail folder to make sure it is not there, Constant Contact has provided this letter for you to send to your service provider. You fill in the XXXX's below with your information.

Letter Your Subscriber Sends to their ISP

To: ISP Customer Support
Subject: Remove Constant Contact Block

Hello. My name is XXXX and I have been a customer of your services since XXXX. I understand that you employ filters and/or blacklists to protect customers like myself from unsolicited email; however, this has made it impossible for me to receive newsletters, announcements, and promotions that I have requested. I value these communications and would like to receive them using this email address.

The sender of these emails uses an email marketing service called Constant Contact. Constant Contact is not an open relay and has strict anti-spam policies in place. Because your filters block emails from Constant Contact I am unable to receive these communications.

I ask that you please help me determine why these emails are being blocked. For further information about Constant Contact or to request more information from them such as log files, the Operations team can be reached at - 781.472.8103 or ops@constantcontact.com.

Mail from Constant Contact can be found by the following characteristics for whitelisting:

"Envelope from:" domains:

@in.constantcontact.com
@in.confirmedcc.com

Sending IPs:

All mail from Constant Contact is sent from:

IP Range: 208.75.123.0 - 208.75.123.255
CIDR: 208.75.123.0/24
Network/Netmask: 208.75.123.0 255.255.255.0

Specific IPs sending from this range:

		208.75.123.161	ccm26.constantcontact.com
		208.75.123.162	ccm27.constantcontact.com
		208.75.123.163	ccm38.constantcontact.com
		208.75.123.164	ccm39.constantcontact.com
		208.75.123.165	ccm165.constantcontact.com
		208.75.123.166	ccm166.constantcontact.com
		208.75.123.167	ccm167.constantcontact.com
		208.75.123.168	ccm168.constantcontact.com
		208.75.123.169	ccm169.constantcontact.com
		208.75.123.170	ccm170.constantcontact.com
		208.75.123.171	ccm171.constantcontact.com
		208.75.123.172	ccm172.constantcontact.com
		208.75.123.173	ccm173.constantcontact.com
		208.75.123.174	ccm174.constantcontact.com
208.75.123.1	coi001.confirmedcc.com		
208.75.123.2	coi002.confirmedcc.com		
208.75.123.3	coi003.confirmedcc.com		
208.75.123.4	coi004.confirmedcc.com		
208.75.123.104	coi104.confirmedcc.com		
208.75.123.103	coi103.confirmedcc.com		
208.75.123.130	ccm22.constantcontact.com		
208.75.123.131	ccm23.constantcontact.com		
208.75.123.132	ccm24.constantcontact.com		
208.75.123.133	ccm25.constantcontact.com		
208.75.123.134	ccm134.constantcontact.com		
208.75.123.135	ccm135.constantcontact.com		

208.75.123.175	ccm175.constantcontact.com	208.75.123.200	ccm200.constantcontact.com
208.75.123.176	ccm176.constantcontact.com	208.75.123.201	ccm201.constantcontact.com
208.75.123.177	ccm177.constantcontact.com	208.75.123.202	ccm202.constantcontact.com
208.75.123.178	ccm178.constantcontact.com	208.75.123.225	ccm29.constantcontact.com
208.75.123.179	ccm179.constantcontact.com	208.75.123.226	ccm30.constantcontact.com
208.75.123.180	ccm180.constantcontact.com	208.75.123.227	ccm31.constantcontact.com
208.75.123.181	ccm181.constantcontact.com	208.75.123.228	ccm32.constantcontact.com
208.75.123.182	ccm182.constantcontact.com	208.75.123.229	ccm229.constantcontact.com
208.75.123.183	ccm183.constantcontact.com	208.75.123.230	ccm230.constantcontact.com
208.75.123.184	ccm184.constantcontact.com	208.75.123.231	ccm231.constantcontact.com
208.75.123.185	ccm185.constantcontact.com	208.75.123.232	ccm232.constantcontact.com
208.75.123.186	ccm186.constantcontact.com	208.75.123.233	ccm233.constantcontact.com
208.75.123.193	ccm33.constantcontact.com	208.75.123.234	ccm234.constantcontact.com
208.75.123.194	ccm34.constantcontact.com	208.75.123.235	ccm235.constantcontact.com
208.75.123.195	ccm35.constantcontact.com	208.75.123.236	ccm236.constantcontact.com
208.75.123.196	ccm36.constantcontact.com	208.75.123.245	mail245.nutshellmail.com
208.75.123.197	ccm197.constantcontact.com	208.75.123.250	ccm37.constantcontact.com
208.75.123.198	ccm198.constantcontact.com		

Please contact me when this problem has been resolved.

Sincerely,

XXXXXX