**If you are not getting the TQG Newsletter email and have checked your spam or junk mail folder to make sure it is not there, Constant Contact has provided this letter for you to send to your service provider. You fill in the XXXX’s below with your information.**

**Letter Your Subscriber Sends to their ISP**

To: ISP Customer Support
Subject: Remove Constant Contact Block

Hello. My name is **XXXX** and I have been a customer of your services since **XXXX**. I understand that you employ filters and/or blacklists to protect customers like myself from unsolicited email; however, this has made it impossible for me to receive newsletters, announcements, and promotions that I have requested. I value these communications and would like to receive them using this email address.

The sender of these emails uses an email marketing service called Constant Contact. Constant Contact is not an open relay and has strict anti-spam policies in place. Because your filters block emails from Constant Contact I am unable to receive these communications.

I ask that you please help me determine why these emails are being blocked. For further information about Constant Contact or to request more information from them such as log files, the Operations team can be reached at - 781.472.8103 or ops@constantcontact.com.

Mail from Constant Contact can be found by the following characteristics for whitelisting:

**"Envelope from:" domains:**

@in.constantcontact.com
@in.confirmedcc.com

**Sending IPs:**

All mail from Constant Contact is sent from:

IP Range: 208.75.123.0 - 208.75.123.255
CIDR: 208.75.123.0/24
Network/Netmask: 208.75.123.0 255.255.255.0

Specific IPs sending from this range:

208.75.123.1          coi001.confirmedcc.com
208.75.123.2          coi002.confirmedcc.com
208.75.123.3          coi003.confirmedcc.com
208.75.123.4          coi004.confirmedcc.com
208.75.123.104     coi104.confirmedcc.com
208.75.123.103     coi103.confirmedcc.com

208.75.123.130     ccm22.constantcontact.com
208.75.123.131     ccm23.constantcontact.com
208.75.123.132     ccm24.constantcontact.com
208.75.123.133     ccm25.constantcontact.com
208.75.123.134     ccm134.constantcontact.com
208.75.123.135     ccm135.constantcontact.com
208.75.123.161     ccm26.constantcontact.com
208.75.123.162     ccm27.constantcontact.com
208.75.123.163     ccm38.constantcontact.com
208.75.123.164     ccm39.constantcontact.com
208.75.123.165     ccm165.constantcontact.com
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208.75.123.225     ccm29.constantcontact.com
208.75.123.226     ccm30.constantcontact.com
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208.75.123.235     ccm235.constantcontact.com
208.75.123.236     ccm236.constantcontact.com
208.75.123.245     mail245.nutshellmail.com
208.75.123.250     ccm37.constantcontact.com

Please contact me when this problem has been resolved.

Sincerely,

**XXXXXX**