

January 2024 BOM: Rope and Anchor

Tidewater Quilters' Guild All Chapter Meetings

Inspired by The Kansas City Star, May 11, 1960 from Amelia Lampton of Anguilar, CO.

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Cutting Instructions:



Blue

A (2) 5-1/2" squares

B (1) 2" x 18-1/2" strip

C (1) 4-1/2" square



Brown/Tan

D (2) 5-1/2" squares

E (2) 1-3/4" x 18-1/2" strips



NOTE: Read all directions before beginning. You need two fat quarters, one blue and one brown/tan with contrast. Tip: Use your cell phone camera to take a photo of your fabric selection and then use a filter to see the tone in black and white to determine if you have enough contrast. Sew all seams using a scant 1/4" seam unless instructed to sew on the line.

1. To make the hour glass blocks, draw a diagonal line from corner to corner on the wrong side of the two blue **A** 5-1/2" squares.
2. Pair one blue **A** 5-1/2" square and one brown **D** 5-1/2" square, right sides together. Sew 1/4" on both sides of the drawn line (figure 1).
3. Cut each square on the drawn line (figure 2). Open and press to the dark side.
4. You will have 4 half square triangles. Pair them up right sides together so that the blue touches the brown and nest the seams. Draw a diagonal line perpendicular to the seam and sew 1/4" on both sides of the drawn line (figure 3). Tip: if you peel back the top layer it should resemble the color layout in figure 4.

Figure 1

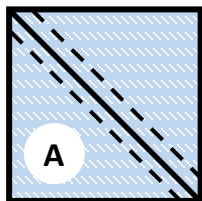


Figure 2

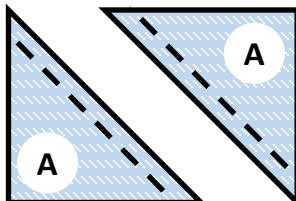


Figure 3

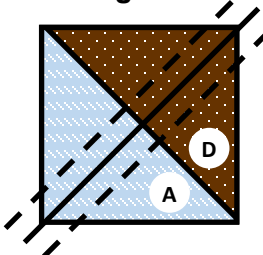
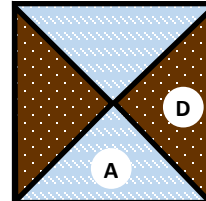
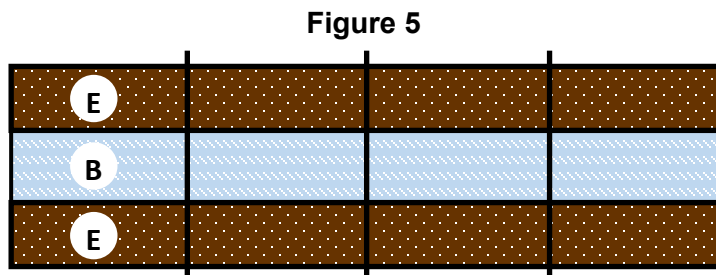
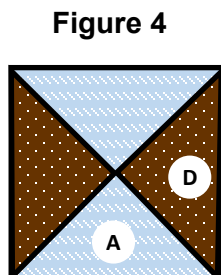
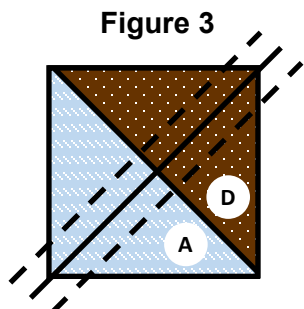


Figure 4

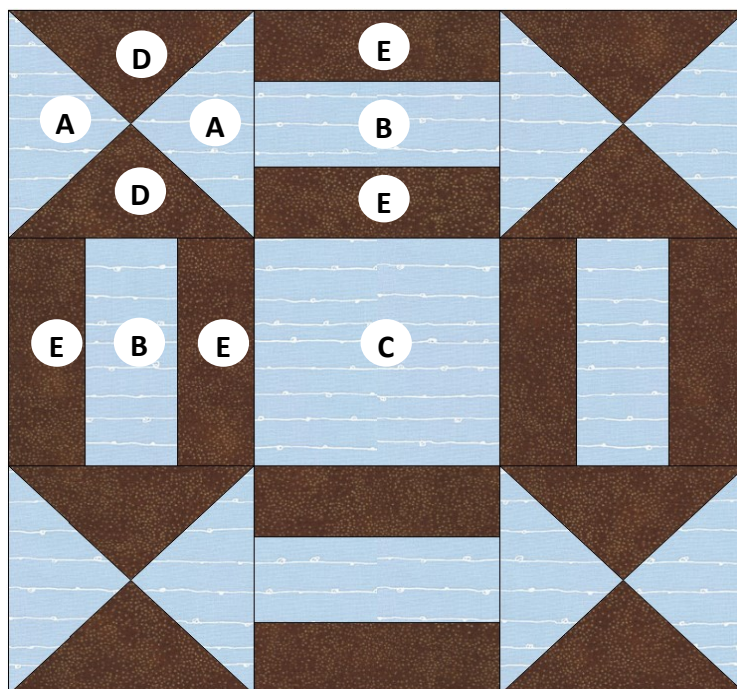


5. Cut on the drawn line (figure 3). Press open. Square each hour glass block to 4-1/2" x 4-1/2". Make sure to have the diagonal lines centered on ruler going both ways when squaring this block.
6. Repeat steps 1-5 for the second set of blue and brown **A & D** 5-1/2" squares. You will have four finished hour glass blocks each measuring 4-1/2" x 4-1/2" (figure 4).



7. To make the strip sets, sew strip **B** to strip **E**. Press to the dark side. Add another **E** to the opposite side to make a strip set of **E/B/E** (figure 5). Press to the dark side.
8. Sub cut strip set **E/B/E** into four 4-1/2" squares (figure 5). There is a small amount of waste to allow for squaring your strip set.
9. All blocks are now 4-1/2" squares. Arrange blocks per the diagram including center blue square **C**.

Figure 6



10. Sew the blocks together in rows and then sew the rows together (figure 6). Press.
11. Unfinished **Rope and Anchor** block measures 12-1/2" x 12-1/2".

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Layout Ideas

